



TALETSO YA GO TSAYA KAROLO MO THUTAPATLISISONG

e e ka ga aleji ya mmudula,
le boitekanelo jwa go hema
mo Aforikaborwa



Mmudula wa
Amaranthaceae



Mmudula wa
Ambrosia



Mmudula wa
bojang

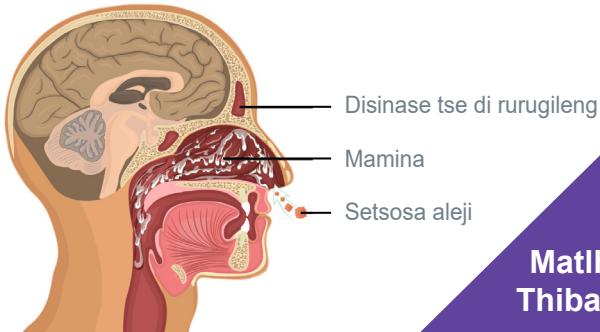
Go tlhaloganya aleji ya mmudula

Mmudula, poere e e serolwana e e borethe e dimela di e dirang fa di ntsifala, e ka tlholo dialeji tse di dirang gore motho a nne le matshwao a a jaaka go ethimola le matlho a a babang. Gape, peo ya meuta le rusi, mo teng ga ntlo le kwa ntle, di ka baka dialeji. Go itse ka ga dialeji tseno go botlhokwa thata mo mafelong a a jaaka Potchefstroom le Vaal Triangle, kwa dielemente tsa tlhago le tsa madirelo di thulanang teng, mme tsona di amiwa thata ke kgotlelo ya loapi.

Matshosetsi a Boitekanelo

Dialeji tsa mmudula di ka gakatsa maemo a a jaaka asema le letshoroma la kethimolo, mme ga ama botshelo jwa rona jwa letsatsi le letsatsi. Go tsaya dikgato tse di bonolo tse di jaaka go nna mo ntlong mo malatsing a mmudula o leng kwa godimo go ka thusa go laola matshwao. Go batlisisa ka ga meuta mo dikagong tsa setshaba tse di jaaka dikolo le dikokelo go ka tlhotlheletsa tlhabololo ya dikago go tila matshosetsi a boitekanelo.

Motho yo a nang le letshoroma la kethimolo



Go babiwa
Go ethimola
Matlho a a tshologang metsi
Thibano le go babiwa ga dinko

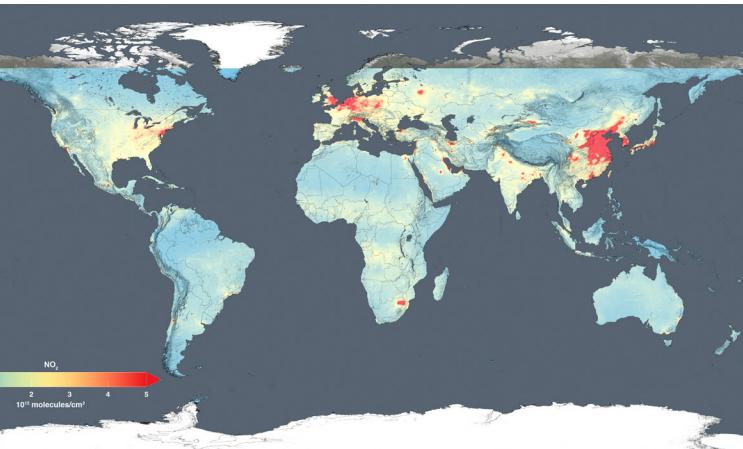
Setlhogo sa thuto:

Go kopana le dialejene tsa ditshedi le dikgotlela loapi mo maemong a go fetoga ga tlelaemeti mo ditikologong ya Aforikaborwa.

Hema Bonolo:

Go tlhaloganya Mmudula /
Peo ya Mouta le Boleng
jwa Mowa





Seabe sa Kgotlelo

Ditiro tsa madirelo mo kgaolong ya rona di ntsha dilo tse di kgotlelang tse di senyang boleng jwa loapi, mme seo se ama batho ba ba nang le dialeji tsa mmudula. Temoso le dikgato tsa go ka sirenetsa boitekanelo jwa rona.

Go Kopanya Dithata Tsa Mmudula le Kgotlelo

Go kopanya kgotlelo e e kwa godimo le seelo sa mmudula go ka oketsa matshosetsi a boitekanelo, s.k, asema. Go tlhokomela boleng jwa mowa le go tsaya dikgato tsa thibelo ke sengwe se se botlhokwa mo go nneng le boitekanelo jo bo siameng.



Lefelo le le dikologileng Johannesburg le Pretoria mo Aforikaborwa le bontsha maemo a a kwa godimo a naeterojene mo hemibolong ya Borwa
(Public Domain-Wikimedia Commons)

Tsena mo Letsholong la Rona!

Ga re tsose tsiboso fela; re tsaya kgato! Tsena mo thutopatlisisong ya rona go lekanya dialeji tsa mmudula le dipeo tsa selegae kwa Potchefstroom, Vanderbijlpark le Sharpeville. Tsaya karolo mo tiragatsong ya rona ya go tlhatlhoba letlalo la gago mahala go supa mmudula o o go tsosetsang aleji le go ithuta gore o ka o laola jang.

Goreng o tsaya karolo?

Re rulaganyetsa go sekaseka alleji ya mmudula o o tlwaelegileng thata le peo ya methuthuntshwane mo moyeng mme re tla dira ditlhathobo tsa letlalo go tlhatlhoba dialeji:

Thutopatlisiso eno e tla dirwa kwa Sharpeville, Khamphase ya Vaal/ Khamphase ya Vanderbijlpark/ Vaal Triangle Airshed Priority Area/khamphase ya Potchefstroom mme e tlie go dirwa ke babatlisi ba boitekanelo ba ba nang le maitemogelo ba ba katiseditsweng Allergology le Clinical Immunology, batsayakarolo ba le 4 000 ba tlie go akarediwa mo thutopatlisisong eno.

- **Lemoga:** iponele gore ke mmudula ofe o o simololang dialeji tsa gago.
- **Ithute:** Bona maele a a itiretsweng go fokotsa go nna mo kotsing.
- **Tsenya Letsogo:** Re thuso go dira mmapa wa selekano sa dibolayamegare mo lefelong la lona gore o solegele batho botlhе molemo.

Ke mang yo o ka tsayang karolo?

Moithuti mongwe le mongwe le leloko la badiri ba Yunibesiti ya Bokone-Bophirima mo Khamphaseng ya Potchefstroom le Vanderbijlpark mmogo le baagi ba Sharpeville ba ka nna ba tsaya karolo fa o le dingwaga di le 18 le go feta. Ka maswabi o ka se kgone go tsaya karolo fa e le gore o na le asema e e sa laolesegeng, o na le bothata jwa go bereka ga makgwafo, o sa tswa go nna le bolwetse jwa urticaria kgotsa atopic dermatitis.

Dikotsi, mesola le dipolo

Diteko tsa letlalo di ka tlhola tsibogelo ya aleji e e seng masisi, e fela baitseanape ba boitekanelo ba tla sekaseka matshosetsi mangwe le mangwe pele ga o ka dira teko eno. O tla amogela teko ya aleji ya mahala e e ka bong e ne e go jetse R500.00 e bile o tlie go itse ka bonako fa e le gore a o na le dialeji dingwe tse di rileng. O tla amogela dijo tse di lapolosang le pene ya NWU go lo lebogela matsapa a gago. Go tla tsaya metsotsa e ka nna 60 go tsaya karolo (tlhatlhobo ya letlalo le mmotsolotso).

le seabe leng le gone leng?

Fa e le gore o na le kgatlhego, tsweetswee romela molaetsa kwa go Mme Keneilwe Podile (keneilwe.podile01@gmail.com).

Letlha le nako e re ka kgonang go dira diteko tsa letlalo ka tsone di tla buisanwa le wena. Go nna le seabe ga gago go botlhokwa thata gore re nne le isagwe e e itekanetseng. Mmogo, re ka dira Aforikaborwa lefelo le le botoka go ka hema le go tshela mo go lona.

A re tseyeng kgato kgatlhanong le dialeji tsa mmudula le kgotlelo. Tsena mo thutong ya rona mme o tseye kgato ya ntlha ya go tshela botshelo jo bo itekanetseng mo Vaal Triangle.

